



NEAL'S YARD REMEDIES

ORGANIC GREENS COMPLEX
& ORGANIC VIRGIN COCONUT OIL

Superfood Brownies



created by *Deliciously Ella*



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Superfood Brownies

are so simple and delicious; they literally take just five minutes to make. They're made of just dates, almonds, cacao powder, Neal's Yard Remedies Organic Greens Complex, coconut oil and chia seeds to create a rich, chocolaty treat. Serve these with fruit, berries or banana ice cream

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Mix it

- 1 Place the almonds in a food processor and pulse for about twenty seconds, until the nuts look crushed
- 2 Then pit the dates and add them to the processor with the cacao powder, green powder, coconut oil and chia seeds
- 3 Blend everything together until the mix is very sticky
- 4 Place the mix into a baking dish and freeze for about an hour to set, then remove the dish from the freezer and slice the mix into brownies
- 5 Store the brownies in the fridge, they'll last about three weeks in an air tight container

Ingredients 20 small brownies

- 200g of medjool dates
- 175g of almonds
- 4 tablespoons of raw cacao powder
- 3 scoops of Organic Greens Complex
- 2 tablespoons of coconut oil
- 2 tablespoons of chia seeds

