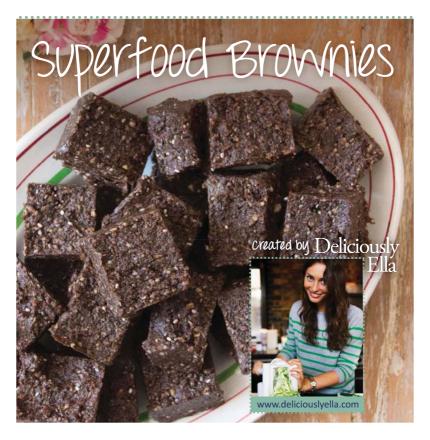


ORGANIC GREENS COMPLEX & ORGANIC VIRGIN COCONUT OIL





Superfood Brownies are so simple and delicious; they literally take just five MINUTES to make. They're made of just dates, almonds, cacao powder, Neal's Yard Remedies Organic Greens Complex, coconut oil and chia seeds to create a rich, chocolaty treat serve these with fruit. berries or banana ice cream

Ingredients 20 small brownies

2009 of mediool dates 1759 of almonds 4 tablespoons of raw cacao powder 3 scoops of Organic Greens Complex 2 tablespoons of coconut oil 2 tablespoons of chia seeds

Mix it



- Place the almonds in a food processor and pulse for about twenty seconds, until the nuts look crushed
- Then pit the dates and add them to the processor with the cacao powder, green powder, coconut oil and chia seeds
- 3 Blend everything together until the mix is very sticky
- 4 Place the mix into a baking dish and freeze for about an hour to set, then remove the dish from the freezer and slice the mix into brownies
- 5 store the brownies in the fridge, they'll last about three weeks in an air tight container

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